

High School Boys FIGHT Overview

Session 1: Teenage perspective on Sex

- **Topics Discussed:**
 - Myths about sexuality
 - Sexuality in school and society
 - Peer pressure to have sex and relationships in general
- **Activities:**
 - Anonymous written survey
 - Anonymous wireless survey
 - Sex Trivia: Myth vs. Reality

Session 2: Sin Cycle

- **Topics Discussed:**
 - The process of falling into sin
 - Examples: David, Joseph
 - Tips on how to avoid sexual sins
 - Effects of the Media & Pornography
- **Activities:**
 - Anonymous wireless survey
 - Physical/Mental exercises to keep busy

Session 3: Sexually Transmitted Diseases

- **Topics Discussed:**
 - What are STDs
 - How they spread
 - How common are they
- **Activities:**
 - Anonymous wireless survey
 - Pam Stenzel Video on STDs
 - Contagious Water Bottle Game

Session 4: Relationships

- **Topics Discussed:**
 - Do I need to be in a relationship to be accepted?
 - How to wait for the right time
 - Temptations in relationships
- **Activities:**
 - Anonymous wireless survey
 - Relationship Trivia: Myth vs. Reality

Session 5: The FIGHT to change

- **Topics Discussed:**
 - God gives us the power to overcome temptation
 - Practical steps to FIGHT: Fill your time with activities, sports, etc.
 - Self-examination and confession
 - Accountability
- **Activities:**
 - Anonymous wireless survey
 - Spiritual Scavenger Hunt