



Bear and Share the Burden



Bear[^] and Share[^] ~~the Burden~~
the Burden all Good Things

Brethren, if a man is overtaken in any trespass, you who are spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted. ² *Bear one another's burdens, and so fulfill the law of Christ.* ³ For if anyone thinks himself to be something, when he is nothing, he deceives himself. ⁴ But let each one examine his own work, and then he will have rejoicing in himself alone, and not in another. ⁵ For each one shall bear his own load.

⁶ *Let him who is taught the word share in all good things with him who teaches.*

⁷ Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap. ⁸ For he who sows to his flesh will of the flesh reap corruption, but he who sows to the Spirit will of the Spirit reap everlasting life. ⁹ And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart. ¹⁰ Therefore, as we have opportunity, let us do good to all, especially to those who are of the household of faith.

(Galatians 6:1-10)

OUTLINE

- Bear one another's burdens
- Let him who is taught the word share in all good things...
- Whatever a man sows, that he will also reap
- And let us not grow weary while doing good
- Ways NOT to bear the burden
- Ways we can bear the burden

Bear one another's burdens

- **“...you who are spiritual...”**
 - We must be strong enough to help bear the burden, or both may fall.
- **“...in a spirit of gentleness”**
 - Over-strictness or harshness builds resentment more than it builds character

“We then who are strong ought to bear with the scruples of the weak, and not to please ourselves” (Romans 15:1)



Bear one another's burdens

- **Our youth are burdened**
 - Peers
 - Media
 - Changing bodies
 - Changing emotions
 - School pressures
 - High expectations
 - Struggling with sins
- **They need someone to listen, lovingly**



Share in all good things

- Better than *telling* them *about* God's goodness, *experience* God's goodness with them.
- Visitations, praying with them, reading the Bible together...
- "Rejoice with those who rejoice, and weep with those who weep." (Romans 12:15)



Sowing and Reaping

- Our children will teach our children. Invest in the next generation.
- “lay up for yourselves treasures in heaven” (Matthew 6:20)
 - We are *responsible* for throwing the seed,
 - We are *responsible* for walking beside one another



Let us not grow weary...

- Not seeing the fruit of our labor
- Not filling ourselves with God (burnout)
- “for in due season we shall reap if we do not lose heart. ¹⁰ Therefore, *as we have opportunity*, let us do good to all,”
- “The end of a thing is better than its beginning; The patient in spirit is better than the proud in spirit.” (Ecclesiastes 7:8)



Ways NOT to bear the burden

- Sheltering others from consequences
- Taking on responsibilities of others
- Accepting every request (overburdening yourself)
- Downplaying the importance of the burden
- Offering unsolicited advice



Ways we can bear the burden

- Give the burden to God – Pray
- Make specific offers to help (rather than unspecific)
- Guide them through the decision making process
- Validate the pains of others
- Offer to listen
- Call for reinforcements when needed



SUMMARY

- Bear one another's burdens
- Let him who is taught the word share in all good things...
- Whatever a man sows, that he will also reap
- And let us not grow weary while doing good
- Ways NOT to bear the burden
- Ways we can bear the burden



Glory be to God forever, Amen.