

**“Love your
enemies, do good
to those who
hate you”**

Luke 6:27



**Before
trying to
love your
enemies...**



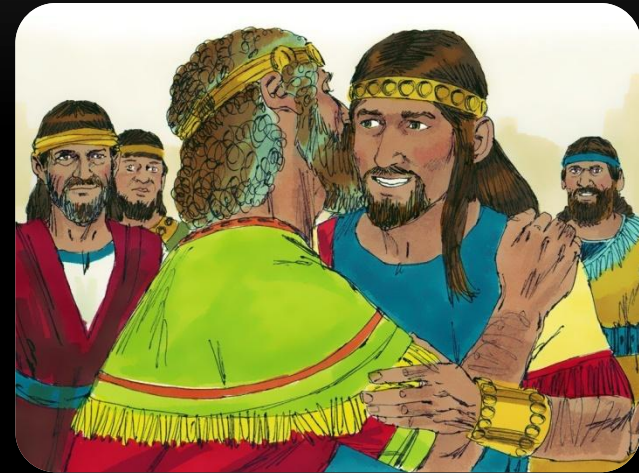
1. Learn to love and accept yourself

- We can't love anyone if we are not able to love ourselves
- Know yourself and how valuable you are in God's eyes
- See your weakness in light of the grace and mercy granted to those who are the Lord Christ's



2. Know how to love those who love you

- Absalom's enmity toward David
- Saul's hatred towards David
- Cain's envy of Abel
- The lost son departing from his father's house



3. Watch your words, thoughts, and actions ⁽¹⁾

- “A false witness who speaks lies,
And one who sows discord among
brethren” *Proverbs 9:16*
- “Love...thinks no evil” *1 Cor 13:5*



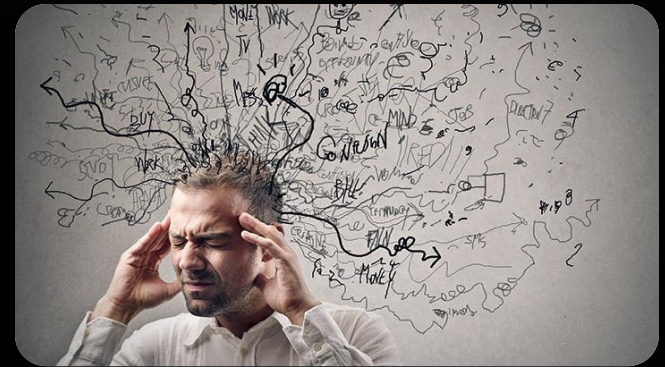
3. Watch your words, thoughts, and actions (2)

- “His mouth is full of cursing and deceit and oppression; Under his tongue is trouble and iniquity”

Psalm 10:7

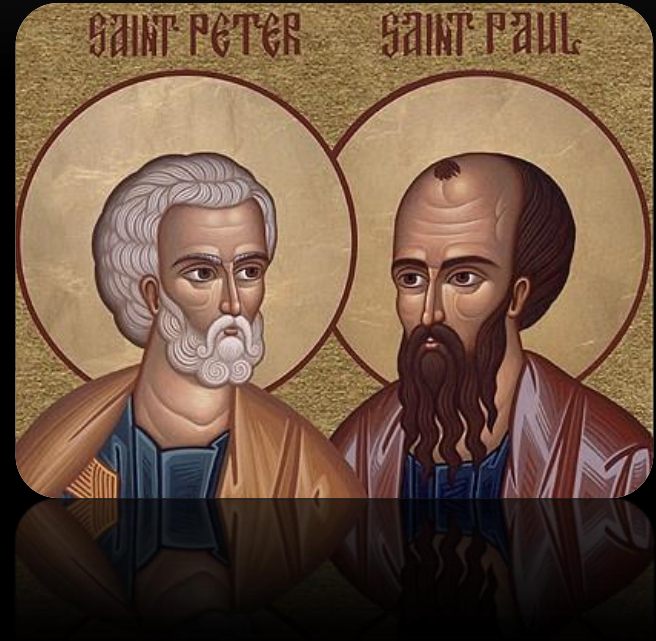
- “Woe to those who devise iniquity,
And work out evil on their beds!”

Micah 2:1



4. Understand how to deal with differences (1)

- Different point of view should not be translated as animosity
- St. Paul's disapproval of St. Peter's behavior toward the Gentiles in *Galatians 2*



4. Understand how to deal with differences (2)

- The contention between those of the circumcision and St. Peter after the baptism of Cornelius (Acts 11)



5. Exclude “Paranoia” ⁽¹⁾

- Paranoid personality disorder is characterized by 3 of the following (World Health Organization):
 1. Extreme sensitivity to setbacks
 2. Bearing grudges persistently



5. Exclude “Paranoia” ⁽²⁾

3. Tendency to distort experience by misconstruing the neutral actions of others
4. A combative and tenacious sense of personal rights out of keeping with the actual situation



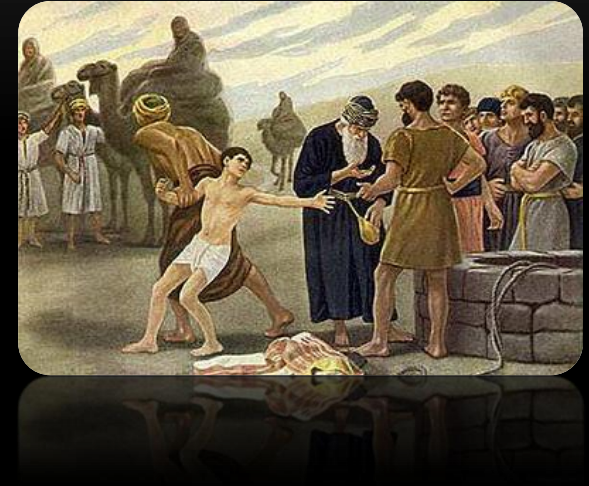
5. Exclude “Paranoia” (3)

- 5. Recurrent suspicion without justification regarding others' fidelity
- 6. Excessive sense of self-importance
- 7. Excessive explanation of events on the base of “Conspiracy”



6. Reflect on what is behind the enmity ⁽¹⁾

- A blessing in disguise
(Joseph's brothers)
- Keeping our humility
(Shimei and David)
- Changing our prayers to the
better



6. Reflect on what is behind the enmity ⁽²⁾

- Sparing us the woes: “Woe to you when all men speak well of you” *Luke 6:26*



100%
APPROVAL

7. Taste and appreciate God's forgiveness

- “The servant therefore fell down before him, saying, ‘Master, have patience with me, and I will pay you all.’ Then the master of that servant was moved with compassion, released him, and forgave him the debt” *Matthew 18:26-27*

