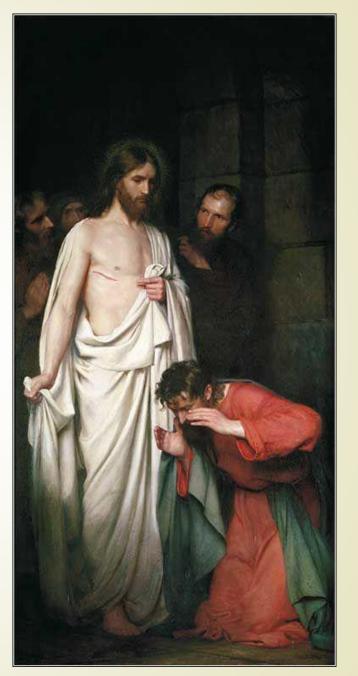
"Unless I see in His hands the print of the nails, and put my finger into the print of the nails, and put my hand into His side, I will not believe." – John 20:25



# Defeating Despair

Part 1

### Introduction

- The Lord Christ spent the first week after the Resurrection confirming the faith of the disciples.
- Post-Resurrection appearances
- The Lord wanted to confirm their faith lest they fall into despair



#### Introduction

- St. Peter
- And the Lord said, "Simon, Simon! Indeed, Satan has asked for you, that he may sift you as wheat. But I have prayed for you, that your faith should not fail; and when you have returned to Me, strengthen your brethren." (Lk. 22:31-32)



### Introduction

- Outline
  - Important Facts
  - Facts we must know about God
  - When tempted to despair

### Important Facts

- What is despair?
- Despair is the devil's ultimate prize
  - When one despairs, he becomes hopeless and defenseless before the devil.
  - Hope is our connection to Life
  - "For we were saved in this hope, but hope that is seen is not hope; for why does one still hope for what he sees?" (Rom. 8:24)

### Godly vs. Ungodly sorrow

"Now I rejoice, not that you were made sorry, but that your sorrow led to repentance. For you were made sorry in a godly manner, that you might suffer loss from us in nothing. For godly sorrow produces repentance leading to salvation, not to be regretted; but the sorrow of the world produces death." (2 Cor. 7:9-10)

## Is despair ever justifiable?

- Never
- God give us countless opportunities to return to Him
- Nebuchadnezzar
  - Therefore, O king, let my advice be acceptable to you; break off your sins by being righteous, and your iniquities by showing mercy to the poor. Perhaps there may be a lengthening of your prosperity."

    (Dan. 4:27)

#### Conclusion

- Important Facts
  - What is "despair"?
  - Despair is the devil's ultimate prize
  - How do I distinguish godly sorrow from ungodly sorrow (despair)?
  - Despair is not justifiable

"Do not fall into despair; if the devil brought you down, God is more capable of raising you up."

(St. John Chrysostom)