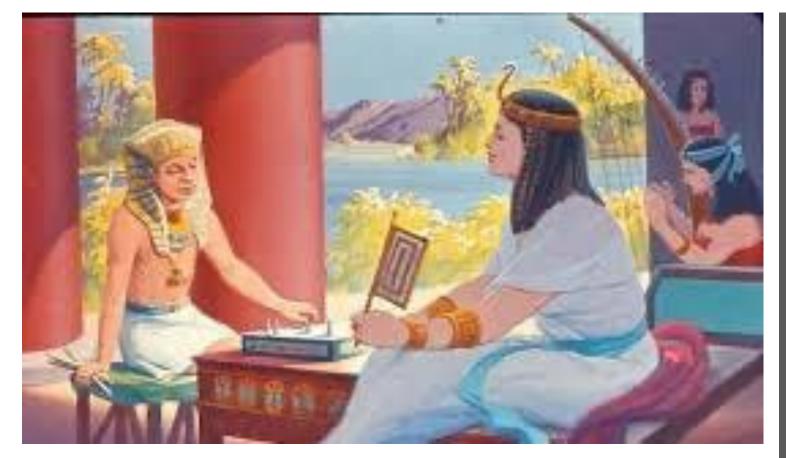
"Do not labor for the food which perishes, but for the food which endures to everlasting life, which the Son of Man will give you..." – John 6:27





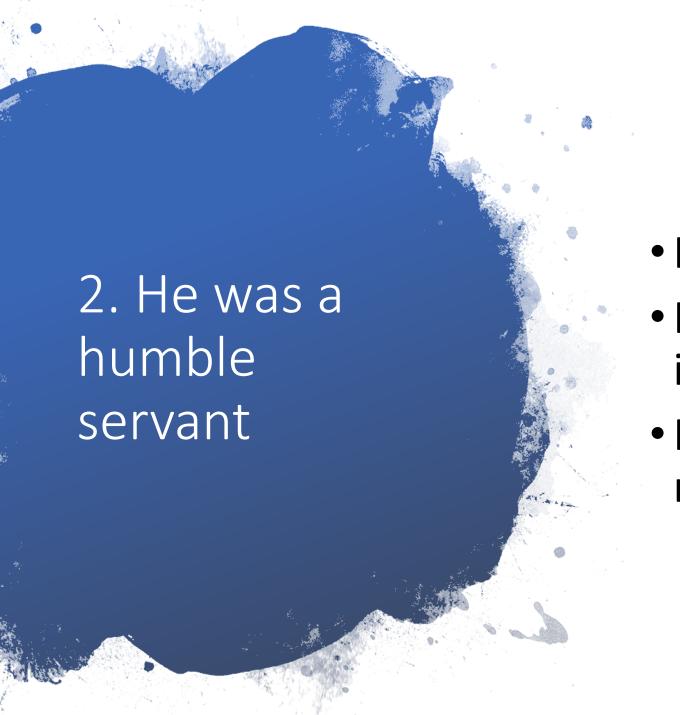
Why Jonah?

"Arise, go to Nineveh, that great city, and cry out against it..." – Jonah 1:2



1. He was qualified by God

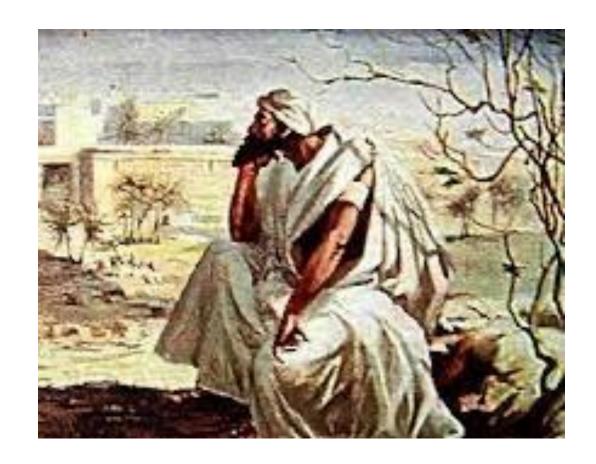
- God chose Jonah for this mission; thus, He must have found him capable
- EX: Moses
- "And Moses was learned in all the wisdom of the Egyptians, and was mighty in words and deeds." (Acts 7:22)



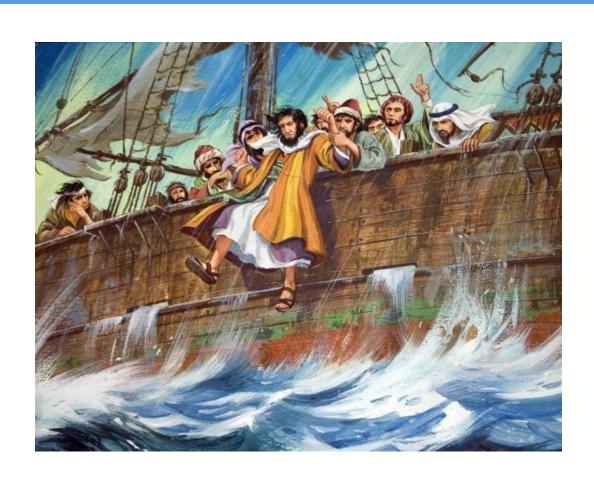
- He spoke of his deficiencies
- He minimized his role or part in the mission
- He does not mention his response

3. Jonah was honest with himself and God

- Then God said to Jonah, "Is it right for you to be angry about the plant?" And he said, "It is right for me to be angry, even to death!" (Jon. 4:9)
- "How can you draw close to God when you are far from your own self? Grant Lord, that I may know myself so that I may know You." (St. Augustine)
- "He who knows himself knows God." (St. Anthony)



4. To show that God is able to transform our mistakes into salvation



- The Sailors
 - "Then the men feared the Lord exceedingly, and offered a sacrifice to the Lord and took vows." (Jon. 1:16)
- EX: Philemon and Onesimus

5. Our healing comes through our obedience

- Jonah had a problem with loyalty and love for people
- EX: Man Born Blind
- If humanity's sickness (sin) came by disobedience, it is to be restored by obedience to God once more.





- 6. Perhaps because Jonah reflects the attitudes of so many believers
- We bottle up the blessings for ourselves
- Nineveh
- "But let man and beast be covered with sackcloth, and cry mightily to God; yes, let every one turn from his evil way and from the violence that is in his hands." (Jon. 3:8)