



“Then fear came upon all, and they glorified God.” - Luke 7:16

Judge Yourself

How to Judge Oneself?

Part 2

Recap: The Dangers of not judging oneself

1. Develop Blind Spots
2. Rationalize Disobedience
3. Paralyze my spiritual growth
4. Overconfidence or delusion
5. Unprepared for eternity

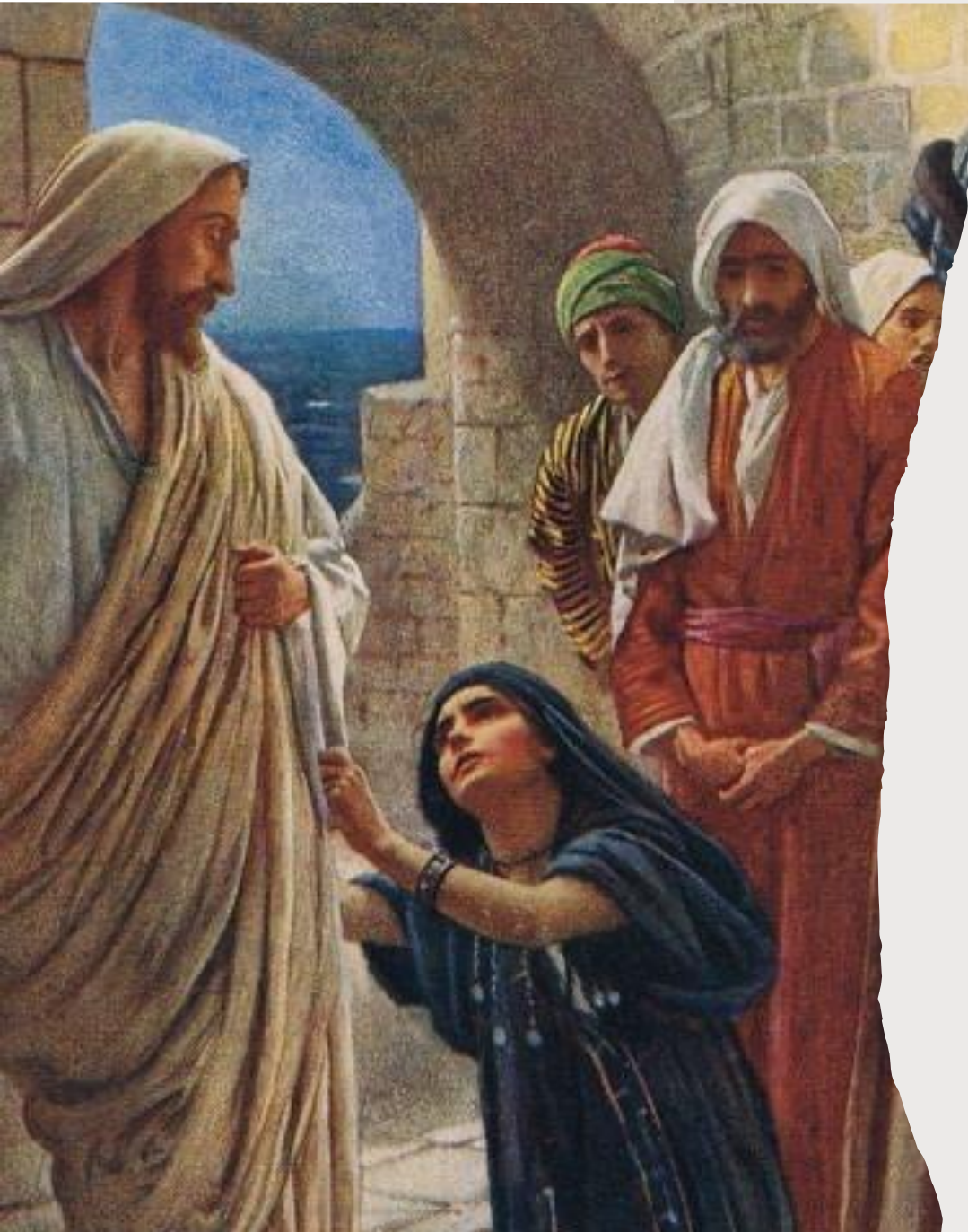
How to Judge Oneself?



How to Judge Oneself?

Keep your eyes on yourself

- EX: The Pharisee and the Tax Collector
- **“God, be merciful to me a sinner!”** (Luke 18:13).
- **"Rebuke a wise man, and he will love you."** (Proverbs 9:8.)

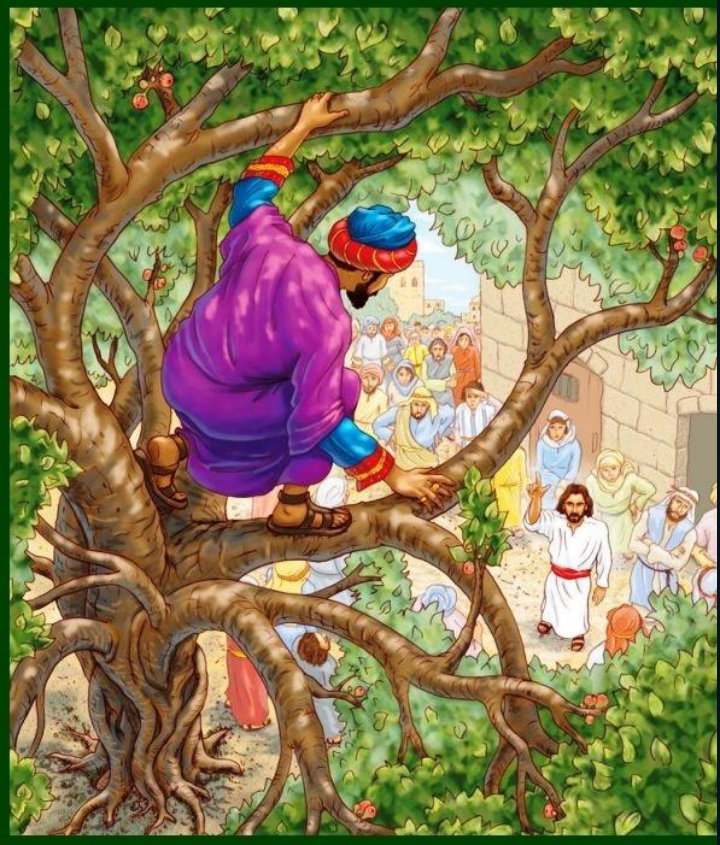


How to Judge Oneself?

Humility

- EX: The Canaanite woman
- **“It is not good to take the children’s bread and throw it to the little dogs.”** (Matthew 15:26)
- **“Yes, Lord, yet even the little dogs eat the crumbs which fall from their masters’ table.”** (Matthew 15:27).

How to Judge Oneself?



Not concerned with approval of others

- EX: The sinful woman
- *“He who has seen himself as he truly is, is greater than he who has seen angels.”* (St. Isaac the Syrian)
- EX: Zacchaeus

How to Judge Oneself?



Resist distractions by the rising and falling of others

- EX: St. Peter
- **“Depart from me, for I am a sinful man, O Lord!”** (Luke 5:8).
- Later, after his fall, **“he went out and wept bitterly.”** (Matthew 26:75).
- **“What about this man?”** (John 21:21)



How to Judge Oneself?

Hold Yourself Accountable

- EX: The prodigal son
- **“I will arise and go to my father, and will say to him, ‘Father, I have sinned against heaven and before you.’” (Luke 15:18).**

Final Thoughts

“For if we would judge ourselves, we would not be judged.” (1 Corinthians 11:31)

How to Judge Oneself

1. Keep your eyes on yourself
2. Humility
3. Not concerned with approval of others
4. Resist distractions by the rising and falling of others
5. Hold Yourself Accountable